



## Who are the Mental Health Support Team?

The Mental Health Support Team (MHST) are a service designed to help meet the mental health needs of children and young people in their school or

college community. There is a variety of support that the MHST can offer including; 1:1 and group intervention for children, young people, parents and carers, consultation, training, workshops and assemblies among other bespoke offers.

To provide support to the individual education setting along side parents and carers

To provide training and support to education staff

To provide support along side other services to ensure overall wellbeing needs of children/young people are being met

To provide support to young people all year round, not only during term time

To find out more, please contact the Mental Health Lead in your child's education setting.

We are keen to engage with the parents and carers of the children and young people who may access our service. With this in mind, we will be asking your child's education setting to send out a questionnaire...

